

Lunch Bunch

The ½ day preschool program begins at 9:30 a.m. and ends at 12:30 p.m. ALL preschoolers can extend their day and eat lunch with friends. Please send in a dairy lunch that does not require refrigeration or heating. We are a peanut and tree nut free school.

TIME: 12:30 –1:15 p.m.

COST: \$8 per day (no extra fee for full day preschoolers)

DETAILS: Lunch bunch begins the first day of school will be available on most days. No Lunch Bunch are listed at the bottom of this page, on the registration form and online.



ENROLLMENT: Space is unlimited—all children may stay for lunch. Payment can be made by credit card online or by check (please print paper form from website). Please let us know at least 2 school days in advance if your child is staying for lunch so we can provide appropriate staffing.

VEGETARIAN LUNCH IDEAS

Chick peas	Seasoned tofu	Fruit leather
Kidney beans	Tofu/Soy Pups	Dried fruits (apricot, raisins, craisins, prunes)
Beans & Rice	Tuna fish sandwiches	Egg salad
Cut vegetables- plain or with dip (broccoli, red pepper, carrots)	Cut Fruit (grapes, strawberries, melon, blueberries, apple, banana)	Vegetarian Chili
Yogurt Rice Cakes	Sunbutter and jelly sandwich	Fig Newtons Boca Burger cooked then refrigerated
Grape tomatoes	Crackers	“Pirates Booty” Puffs
Pitas	Avocado	Goldfish
Hommus	Pitted olives	Fish Sticks
Babganoush	Hard-boiled eggs	Mac n’ Cheese
Applesauce	Milk	Pasta with broccoli
Pasta with canned seasoned tomatoes	Tomato juice	Celery sticks with cream cheese and raisins
Fried Zucchini sticks	Orange juice	Pretzels
Cheese sticks		

What do we mean when we say peanut and tree nut free?

When packing lunches, please do not pack anything that contains or may contain peanuts or tree nuts, this includes things such as peanut butter and almond butter, some granola bars and other pre-packaged foods. Food processed in a shared facility are okay, but if a label reads *may contain (or contains) tree nuts or peanuts*, it will be disposed of immediately.

2018-19 No Lunch Bunch Days: There are several days this year when school is in session, but lunch is not available for subscribers or drop-ins. **No Lunch Bunch days for 2018-19 are: Sept. 18; Oct. 8 & 25; Nov. 13, 14 & 26; Dec. 3, 4, & 5; Jan. 7, 22, 23 & 24; Mar. 5, 18 & 26; Apr. 8, 9 & 10; May 20; and June 14.**