

This Week at Etz Hayim

Week of: May 28 – June 3, 2018

CANDLE LIGHTING & HAVDALAH TIMES

Candle Lighting – Friday, June 1: 8:10pm

Havdalah – Saturday, June 2: 9:10pm

View our [Calendar](#) for upcoming events

Weekly Services

19 Sivan 5778: Parashat Beha'alotecha

- Thursday Minyan, 7:00am
- Friday Shabbat Services with Potluck, 6:15pm
- Saturday Shabbat Services with Bat Mitzvah, 10:00am

[CLICK HERE](#) for USCI's Torah Sparks, discussion and notes on the weekly Torah portion

– Monthly Recurring Events

- **Potluck Shabbat:** 1st Friday of each month
- **Musical Shabbat:** 2nd Friday of each month
- **9:30 Club:** Meditation on 2nd Saturday of each month at 9:30am. *Sponsored by the Samuel & Jean Koshar Rothstein Memorial Fund*

+ Bikkur Cholim (Helping the ill) & Bereavement Committees

Etz Hayim Events & Notices

- Last Day of Preschool: **Friday, June 8**
- Etz Hayim Booth at Capital Pride Festival: **Sunday, June 10, 12:00-5:00pm** ([Sign up here](#) to staff the booth!)
- Shabbat Services with 2018-19 Board Installation: **Saturday, June 16**
- Monthly Mitzvah Mission – Feed the Homeless: **Thursday, June 28, 5:30-6:30pm** and **Friday, June 29, 5:30am-11:30am** (*Location: Central United Methodist Church of Ballston*)
- 9:30 Club Meditation: **Saturday, July 14, 9:30am**
- Tisha B'Av Services: **Saturday, July 21, 9:00pm**

- Tisha B'Av Services: **Sunday, July 22, 10:00am**
- Etz Hayim Booth at Arlington County Fair: **Sunday, August 19, 11:00am-5:00pm** (*Mark your calendars – volunteers will be needed!*)
- Grand Slam Sunday – Jewish Community Day at Nats Park: **Sunday, August 19**



In this issue

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May Articles from the Blog



Introducing the Student Torah Reader Incentive Program!

Etz Hayim Preschool Teams Up with AFAC

Election of 2018-2019 Board of Directors

Studying Abroad in Israel by Jenna Alcorn

How to Use the Etz Hayim Kitchen

Modim Minute (A Moment of Gratitude)

Recognizing those who make our congregation the wonderful community it is.

- Todah Rabah to everyone who donated boxes of cereal to our Shavuot mountain collection! Thanks to your generosity and that



of the Etz Hayim Preschool families, we collected over **60** boxes to donate to AFAC (Arlington Food Assistance Center).



Special Highlight: How to Use the Etz Hayim Kitchen

Have you ever wondered what it takes to pull off the kosher kiddushes and noshes here at Etz Hayim? Rabbi Bass has put together a complex guide for the congregation on how to use the Etz Hayim kitchen, including rules for all food

brought into the building or to off-site functions.

[CLICK HERE](#) to read the blog post, which includes a link to download the guide.

Shabbat Services with Installation of 2018-19 Board of Directors



Saturday, June 16, 10:00am

Please join us for Shabbat services on Saturday, June 16, when we will install the new Board of Directors for the 2018-19 term.

Shabbat Services with Installation of 2018-19 Board of Directors

What is your name? **Sophie Whitehead-Thomas**

What is the date of your Bat Mitzvah? **June 2, 2018**

How long have you been in our Religious School? What is your favorite subject? **I started Jewish preschool at Etz Hayim when I was 18 months old and have continued in religious school since then. My favorite subject in religious school has been our music classes.**

What Haftarah will you be chanting? **Zechariah 2:14-4:7**

What are your hobbies or extra-curricular activities? **I love listening to music and am learning to play the guitar.**

What accomplishments are you proud of? I am proud of all that I have learned, especially Hebrew, in preparation for my bat mitzvah.

Please write a thoughtful statement about what becoming a Bat Mitzvah means to you. Becoming a bat mitzvah means that I am able to join in with the Jewish adults. It feels good to know that I am learning and growing and will be able to help by being a part of a minyan for my Jewish community.



Good News Israel

Cultural, tech, and current events news from Israel

- Training the disadvantaged to fill Israel's high-tech gap
- Making friends while racing with "the other" in Jerusalem
- Hello or shalom? Half of Israeli kids grow up bilingual
- Converting chicken bones and diapers into chairs and pails

Will Stevenson's new cabaret "Simply Musical"

Sunday, July 29, 8:00pm

Location: Creative Cauldron, 410 S. Maple Avenue, Falls Church, VA 22046

Tickets are on sale now for Will Stevenson's new cabaret, "Simply Musical." Buy your tickets here: www.creativecauldron.org/2018-cabarets.html (Scroll down to Will's cabaret and click on the date to purchase tickets.) Proceeds from the show on the 29th will benefit Congregation Etz Hayim!



Sophie's Bat Mitzvah Project: Support Pollinator Gardens

Sophie has dedicated her time and energy to sustaining pollinator gardens. For her Mitzvah Project, she is raising funds for Pollinator Partnership, the world's largest nonprofit dedicated exclusively to the protection and promotion of pollinators and their ecosystems.

Please visit [Sophie's website](#) which explains everything you need to know this project and how you can help!



Tzedakah Touts

The following represents contributions made to the synagogue from April 1 to April 30, 2018. We apologize for any errors or omissions.

Legacy Fund Donors

- Anonymous
- Rabbi Lia Bass
- Scott and Marceda Burka
- Adam and Deborah Cohen
- Jordan Fried and Eva Kleederman
- Joseph Goldberg
- Susan Hamm
- Jared Max Hendler
- Jerry and Laura Jacobs
- Andrew Lovinger
- Bard Malovany and Naomi Harris
- Phil Rosenthal
- Daniel and Elisa Rosman
- The Savada-Stevenson Family
- Brian Stern



Annual Fund

- Ray & Roslyn Samuelson in honor of Jerry and Laura Jacobs' donation of a Sefer Torah
- Alan Savada & Will Stevenson in honor of Sophie Whitehead-Thomas's Bat Mitzvah
- Alan Savada & Will Stevenson in honor of the birthday of Dr. Jonathan Arden

Celia & Saul Bash Memorial Fund

- Sheldon Turetsky in memory of Jacob Leon Turetsky

Jean Koshar Rothstein Memorial Fund

- Robert Rothstein & Christie Phillips in memory of his mother on her birthday

Molly Sandler Children's Book Fund

- Phyllis Sandler and Family in loving memory of Molly Sandler, beloved Mother, Grandmother, Great Grandmother & friend

Preschool Fund

- Stephen & Courtney Schwartz in honor of Dagny Viera's birthday

Rabbi's Discretionary Fund

- Jonathan & Ronni Arden in honor of Alan Savada's birthday
- Jonathan & Ronni Arden in honor of Rabbi Bass' birthday
- Jerold & Laura Jacobs for Torah silver maintenance
- Ray & Roslyn Samuelson in honor of Benjamin Bass' Bar Mitzvah
- Alan Savada & Will Stevenson
- Lenny Wasserman & Sherri Edgar-Wasserman in memory of Allan Wasserman
- Cheryl Whitehead in honor of the Bat Mitzvahs of Rebecca Wexler, Cady Shenk, Dina Howard and the Bar Mitzvahs of Henry Stratford and William Dunham

Events Out & About in the Community



Talk Saves Lives: Suicide Prevention Program

Today, Wednesday, May 30, 6:30-8:00pm

Location: Arlington County Central Library, 1015 N. Quincy Street, Arlington, 22201

Arlington County Department of Human Services is coordinating a Suicide Prevention Program, "Talk Saves Lives" with the American Foundation for Suicide Prevention.



TALK SAVES LIVES

A BRIEF INTRODUCTION TO SUICIDE PREVENTION

Learn the warning signs and risk factors for suicide, and how we can help prevent it together.

May 30, 2018
 6:30 PM – 8:00 PM
 Arlington County Central Library
 1015 N. Quincy St
 Arlington, VA 22201

Talk Saves Lives is brought to you by the National Capital Area Chapter of AFSP.
afsp.org/ncac

AMERICAN FOUNDATION FOR Suicide Prevention | afsp.org



JCCNV presents: Walk with Israel

Sunday, June 17, 8:00am-5:00pm

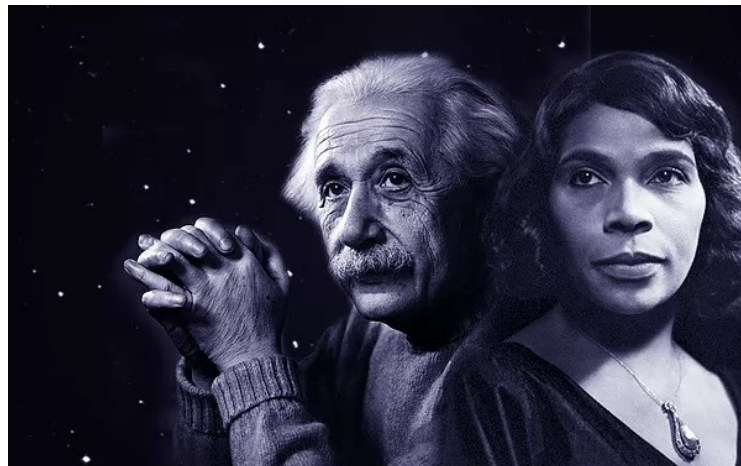
Location: Burke Lake Park (Shelter C), Burke, VA

Would you like to do more to affect positive social change in Israel? If so, let's

make an IMPACT as a community! Join us as we walk to raise awareness and raise funds at the same time supporting NGO's that make for a better reality in Israel. [Click here for more details.](#)

JCCNV and The Hub Theatre present: The Secrets of the Universe (And Other Songs)

Runs July 6-29



Location: The Hub Theatre, 9431 Silver King Court, Fairfax, VA

In 1937, renowned classical singer Marian Anderson performed in Princeton but was denied a hotel room because she was African-American. She accepted an invitation to stay in Professor Albert Einstein's home. This play with songs is based on the true relationship of these titanic figures, a union of hearts, minds, and souls in a quest to unlock the secrets of the universe. [Buy tickets here!](#)